



Republic of the Philippines  
**Department of Education**  
 SCHOOLS DIVISION OF MARINDUQUE

Office of the Schools Division Superintendent

**MEMORANDUM**

SGOD-2025-201

**TO :** Asst. Schools Division Superintendent  
 Chief Education Supervisors  
 Public Schools District Supervisors  
 School Heads, Public Elementary, Integrated, Secondary Schools  
 All Others Concerned

**FROM :** **LYNN G. MENDOZA, EdD**  
 OIC, Schools Division Superintendent

**SUBJECT :** **PROVISION OF PSYCHOSOCIAL LECTURES AND SYMPOSIUM TO PARENTS (PTA): MENTAL HEALTH, ADOLESCENT REPRODUCTIVE HEALTH, AND NATIONAL DRUG EDUCATION PROGRAM**

**DATE :** November 11, 2025

1. Pursuant to Republic Act No. 11036, or the Mental Health Act, the Department of Education (DepEd) shall pursue strategies that promote the realization of mental health and well-being in educational institutions, this Office, in collaboration with the Provincial Government of Marinduque thru the Schools Governance and Operations Division - School Health and Nutrition Section shall conduct **Provision of Psychosocial Lectures and Symposium to Parents (PTA): Mental Health, Adolescent Reproductive Health, and National Drug Education Program** on the following dates and venues:

Date	Venues	District/Cluster
<b>December 1, 2025</b>	Bangbang ES Multipurpose Hall, Bangbang, Gasan, Marinduque	1 <sup>st</sup> Batch School PTA President and Vice President of: Gasan District- 54 Buenavista District - 48 Total: 102 pax



**Address:** T. Roque St., Malusak, Boac, Marinduque  
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<b>December 2, 2025</b>	SDO Conference Hall, Malusak, Boac, Marinduque	2 <sup>nd</sup> Batch: School PTA President and Vice President of: Boac North and Boac South District- 80 Mogpog District- 66 Total: 146
<b>December 3, 2025</b>	Sta. Cruz East District Hall, Lapulapu, Sta. Cruz, Marinduque	3 <sup>rd</sup> Batch: School PTA President and Vice President of: Torrijos District- 70 Sta. Cruz East District- 48 Total: 118
<b>December 4, 2025</b>	Sta. Cruz North District Hall, Landy, Sta. Cruz, Marinduque	4 <sup>th</sup> Batch: School PTA President and Vice President of: Sta. Cruz South District- 42 Sta. Cruz North District- 48 Total: 90

2. The objectives of the said activity are the following:
  - a. To discuss the role of parents in promoting mental health and well-being;
  - b. To educate parents on common mental health issues affecting children and adolescents;
  - c. To familiarize parents with available resources and services to activate mental health support; and
  - d. To discuss strategies for creating supportive and non-judgmental environment at home.
  
3. Participants to this activity are the School PTA Presidents and Vice Presidents of the 229 Public Elementary, Integrated, and Secondary Schools. They are expected to register thru this link <https://forms.gle/gPK2w3AybsGrRDPo6> on or before November 26, 2025.
  
4. Attached as Enclosure is the Training Matrix.
  
5. Wide and immediate dissemination of the contents of this memorandum is desired.



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**PROVISION OF PSYCHOSOCIAL LECTURES AND SYMPOSIUM TO PARENTS  
(PTA): MENTAL HEALTH, ADOLESCENT REPRODUCTIVE HEALTH, AND  
NATIONAL DRUG EDUCATION PROGRAM**

December 1-4, 2025

**TRAINING MATRIX**

<b>TIME</b>	<b>ACTIVITY</b>	<b>PERSON RESPONSIBLE</b>
7:30 A.M-8:00 A.M	Arrival and Registration of Participants	<b>Perry N. Jardiniano</b> Nurse II
8:01 A.M-8:30 A.M	Opening Program <ul style="list-style-type: none"> <li>• National Anthem</li> <li>• Prayer</li> <li>• DepEd Quality Policy Statement</li> <li>• Welcome Remarks</li>   <li>• Introduction of Participants</li>   <li>• Inspirational Message</li> </ul>	<p align="center"><b>AVP</b> <b>AVP</b> <b>AVP</b></p> <p align="center"><b>Public School District Supervisor</b></p> <p align="center"><b>Ma. Concordia M. Ebor</b> Nurse II</p> <p align="center"><b>Lynn G. Mendoza, EdD</b> OIC, Schools Division Superintendent</p>
8:31 A.M-8:45 A.M	Program Overview/Objectives	<b>Ma. Concordia M. Ebor</b> Nurse II
8:46 A.M- 9:45 A.M	Mental Health Awareness and Managing Stress	<b>Rosalyn Janda-Dasco, PhD,</b> <b>RGC, CMHA</b> Asst. Professor II, MarSU
9:46 A.M-10:00 A.M	Health Break	
10:01 A.M- 10:45 A.M	“Anak, Kamusta Ka?”: Understanding Warning Signs of Mental Health Issues	<b>Alma Teresa B. Del Mundo</b> Guidance Counselor III
10:46 A.M- 11:30 A.M	“Nanay at Tatay, Usap Tayo”: Parenting and Mental Health	<b>Melanie M. Mendoza, DEM</b> SEPS-Social Mobilization and Networking/Mental Health Advocate
11:31 A.M- 12:00 NN	Closing Program <ul style="list-style-type: none"> <li>• Awarding of Certificates</li> <li>• Impression from participants</li> <li>• Closing Remarks</li> </ul>	<p align="center"><b>Maita M. Lazares</b> Chief Education Supervisor, SGOD</p>

**Melannie M. Llasos**  
Master of Ceremony



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